

# Autism Facts



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## **FOCUSING ON STRENGTHS**

Autistic people can have exceptional abilities in areas like art, music, mathematics, or memory

**A**

## **ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)**

ADHD and autism frequently co-occur

**C**

## **CAREER CHALLENGES**

Autistic people face higher rates of unemployment and underemployment

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## **TALENTS AND INTERESTS**

Autistic individuals often have intense and deep interests in specific subjects or activities

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## **STIMMING VARIETIES**

Autistic people stim in different ways, which may include movements or noises that help them regulate sensory input and emotions